



Written by patients for patients

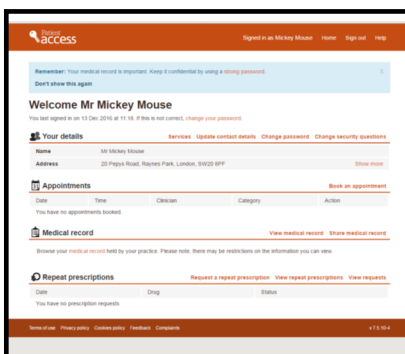
PPG Members: Judith Brodie, Marilyn Frampton, Sarah Golby, Clare Gummett (special advisor), Belinda Leathes (Sec), Jose Lourtie, Clare Pickard, Ian Ritchie, Elizabeth Savidge and Peter West (Chair)

Annual General Meeting (AGM) 18th March 2017

Thanks to all the patients who attended the recent AGM. Full Minutes and appendices are available to view in Reception. If you are on the internet but not already on our e-mailing list, why not send us your email address via lambtonroadppg@hotmail.co.uk to ensure you get future Newsletters and AGM Minutes sent directly to you.

The Articles below are summaries of the topics covered at the recent AGM:

Online Self-care



Self-care is a developing theme of PPG work building on patient voice introduced by Judith Brodie and Clare Pickard. Ever more people are using mobile phones and different sorts of computers to manage and access information. GPs have for several years used secure computer systems and are virtually paperless.

Patients can now take advantage of the Online EMIS Patient Access system to:

- Book an appointment; choose a doctor, a date and a time. This can be done whenever and wherever you are and easily changed or cancelled
- View and order repeat prescriptions at anytime from anywhere. Receive notifications from your preferred pharmacy when ready for collection
- View records of consultations, test results (graphically displayed), conditions and allergies



The EMIS Patient Access system used by LRMP is secure and simple to use. Your personal login details can be obtained through contacting reception at LRMP.

In addition the PPG and LRMP will be offering short training courses at LRMP to help those who want to find out more and lack the confidence to get going on their own.

Using Patient Access gives patients the ability to access future additional digital services as they become available, for example, to view test results and other clinical records.



Merton Walk 4life

Elsa Browne from the Merton Walk 4life programme explained the walks are in the borough's parks and open spaces, led by accredited Walk Leaders. So you walk safely at your own pace and for as long as you want to.



Memory Lane Club

The Memory Lane Club offers support for carers of people with dementia. Jenny Cairns explained that the club meets every Wednesday morning 10.30 to 12.30. Drop in for refreshments, chat, music and activities, fun and friendship at no charge.

Sacred Heart Parish Lounge, Edge Hill, Wimbledon, SW19
edgehillmemorylaneyclub@gmail.com



Merton Mascot Telecare

Suzette Simon talked about the full range of telecare services available. It's all about helping people continue to lead independent lives, and remain in their own home for as long as possible. Mascot telecare monitor calls 24 hours a day, seven days a week to ensure an appropriate response is arranged depending on the emergency.

Call us 7 days a week

020 8274 5940

email: mascot@merton.gov.uk



AGE UK Merton

Age UK Merton are based at Elmwood Centre, 277 London Road, Mitcham, Surrey, CR4 3NT (On the 200 bus route)

Clare Gummatt outlined the help and support that Age UK Merton can offer. They run activities and events and provide support for leading a healthy and active life as well as information that covers every facet of later life, from helping people find out the benefits they are entitled to claim, to discussing options that help make later life at home more manageable.

Call Age UK Merton:

020 8648 5792



The Wimbledon Guild

Wendy Pridmore introduced the Wimbledon Guild by providing real life examples of the counselling and social care work they support.

Support from the heart of the community

The Guild currently provides more services to more people than at any other time in their history. The Guild provides free independent and professional advice services from an experienced team. Counselling is completely free for under 18s. The over 50s can be as active as they wish with the clubs and classes programme and the social centre and lunch club welcomes over 65s each weekday.

Guild House, 30/32 Worple Road, Wimbledon, SW19 4EF

T: 020 8946 0735 W: wimbledonguild.co.uk