

Patients will be offered the booster vaccine in stages, starting with older patients, those with comorbidities, or those who are pregnant.

You will either be offered the **Pfizer** or **Moderna** vaccine as a booster, as these vaccines are shown to be the best at increasing immunity.

Guidance now is to offer a **booster 3 months** after a second dose to **ALL adults over 18** (not within a month of a positive COVID test).

COVID Vaccinations for 16-17 year olds

Healthy 16 and 17 year olds will now be offered a **second dose** of vaccine **3 months** after their first dose, however it cannot give this second dose until 3 months after a positive COVID test.

This gap is **8 weeks** if they are considered **immunosuppressed** or **live with someone who is immunosuppressed**.

Adult immunosuppressed patients

A **third dose** should be administered at least 8 weeks after a second dose.

The terminology used initially was confusing, as their third dose was labelled as a 'third primary dose' **not** a 'booster'. This is because this cohort of patients may not have as strong of an immune response to the vaccine.

This group will now be offered a **fourth dose** - the '**booster**' - **3 months** after the **third dose**, to try to boost protection.

Booking for COVID Vaccinations

It is possible to book for COVID vaccinations via the NHS National Booking Service - www.nhs.uk/book-a-coronavirus-vaccination/do-you-have-an-nhs-number or by ringing **NHS 119**.





2021 has been a challenging year for everyone.



We thank patients for their positive feedback - lovely comments on NHS Choices or Google or to our inbox really help to keep us going and boost staff morale.

We are committed to supporting the vaccination programme, and we wish everyone a very Happy Christmas and a much better, pandemic-free, healthy 2022.

Get boosted!

Stay safe!

With best wishes,

Penny Smith Senior Partner

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